



1006 TAVERN ROAD  
MARTINSBURG, WV 25401  
PHONE 304-267-0556  
FAX 304-267-1460

### PRE-SURGICAL INFORMATION SHEET

You and your doctor have made the decision to have a surgical procedure performed. Thank you for choosing Tri-State Surgical Center for this procedure. This facility is owned and operated by Dr. Foster, Dr. Cincinnati, and Dr. Knutson. This will serve as a guide to help direct you through the process. We appreciate your patience.

1. You should receive a phone call 2-3 days prior to your surgery; you will speak with an anesthesia rep. to discuss your health history, medications, and any concerns. They will inform you which medications to take the morning of your surgery. If you have any questions or you do not receive a call, you may contact anesthesia at 304-579-0770.
2. You will be instructed to call the surgical center at (304) 267-0556, the day before your surgery to be given the time you are to arrive for your surgery. You will need someone to drive you home from surgery.
3. Do not eat or drink anything after midnight the night before your surgical procedure, unless otherwise instructed by anesthesia, or your procedure may need to be cancelled or rescheduled. No gum, mints, smoking or candy the morning of your procedure.
4. Please stop taking any blood thinners 3 to 5 days before your surgery including aspirin. Please check with your medical doctor if you have questions regarding this.
5. If instructed to have any pre-surgical testing or pre-surgical clearance performed, this needs to be completed at least 72 hours before your procedure.
6. Please remove all jewelry and fingernail polish and leave any valuables at home. The surgical center is not responsible for lost or stolen items.
7. You will be scheduled to be at the surgical center an hour before your scheduled surgical time. Please plan on spending approximately 3-5 hours at the center.
8. You will have an IV that will be used to administer sedation or general anesthesia for your procedure as discussed with the anesthesia department unless scheduled otherwise.
9. You will be given an opportunity to discuss any questions or concerns with anesthesia as well as your surgeon immediately before surgery.
10. Your surgical site will be marked by your surgeon or the surgical staff.
11. Please inform your post-operative nurse of any post-surgical pain or nausea so that appropriate administration of medication may be given.
12. Your family can be kept informed (as long as you consent) to your status.
13. You will be discharged after meeting specific criteria and receiving verbal and written instructions about your post-operative care. These instructions will be reviewed with you in the presence of the responsible adult transporting you home.

14. A follow-up phone call will be made within 72 hours of your surgery (as long as you consent) to inquire about your status post surgery.

I have read the above, had the opportunity to ask questions, and understand the information being given to me.

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**Patient Signature**

04/16

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**Witness**