

**ADVANCED  
ANESTHESIA  
GROUP**

**Pre-Operative Anesthesia Instructions**

We look forward to taking care of you at Tri-State Surgical Center and hope to make it as safe and easy as possible. The following instructions are very important to follow to ensure that there is no delay or cancellation in your surgery.

1. NOTHING to eat or drink after midnight the day of surgery. (no gum, no candy, no breakfast, no coffee...)
2. Take only your blood pressure, anti-reflux and chronic pain medications with a sip of WATER the morning of surgery unless otherwise instructed.
3. Eye drops per your ophthalmologist's instructions. Take blood thinning medications per your surgeon, cardiologist, or primary care physician instructions.
4. You may brush your teeth the day of surgery, but use minimal water and do NOT swallow.
5. If you are diabetic, please check your blood sugar in the morning.
6. If you are an insulin dependent diabetic, please call our anesthesia or primary care physician's office for further instructions.
7. If you have not spoken to the anesthesia department, please BRING your completed Pre-Operative Patient Questionnaire the day of surgery.
8. A responsible adult over 18 years old MUST accompany you at the time of admission.
9. If you have special needs or concerns about any pre operative testing, please contact our office.

If you have any questions, please call our anesthesia office at 304-267-5141.

Sincerely,



Duong Ly, MD  
Advanced Anesthesia Group  
Tri-State Surgical Center  
Director of Anesthesia